

\$2000 WORTH OF MOMMY MAKEOVERS! YOUR CHANCE TO WIN ON PAGE 53

PREGNANCY & newborn

12 *big*
FAT
parenting lies

GIFT GUIDE
Perfect picks for everyone on your list

HORMONE OVERLOAD!
The truth behind the mood swings

Starting your own family traditions

THE YEAR IN BABY NAMES
Trends, tips and a few of our faves

WIN *fab* **FREE GEAR**
see page 20

Morning sickness survival strategies

NEWBORN BABY HOW-TO

cool
holiday style
For mom and baby

December 2008

\$5.99US \$5.99CAN 12>
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Display until December 30, 2008



BEDDING
Room Magic
\$195

CRIB
Room Magic
\$599



LAMP
Lamps4Kids
\$110 at
rosenberry
rooms.com



ART ART by Beckie Ann \$165

Fly me to the moon

Owen

LETTERS
The Letter Boutique
\$16 at rosenberry
rooms.com

Let's play among the stars! Creating a spacey nursery is child's play when you begin your trek with primary colors, retro-chic accessories and superstar bedding. Throw in a few robots for good measure, and you're flying high.



GROWTH CHART
eeBoo
\$17



RUG
Pottery Barn Kids
\$299



PAINT
Mythic Paint
\$42

PAINT
Mythic Paint
\$42

CLOCK
Dolce Mia \$44



DRESSER/CHANGER
Room Magic
\$550